



Virtual mental health care for **kids & teens**

Fast access to personalized care

- Your dedicated coach will walk you through your care options (therapy, coaching, psychiatry) and help manage your kid's care plan and progress.
- Chat with a mental health expert & schedule video visits within days

Expert care you can trust

- Our providers have years of experience working with kids of all ages.
- All therapists practice evidence-based Cognitive Behavioral Therapy (CBT), and all coaching programs are CBT-guided.

Your family's care — all in one place

- Use our one-stop digital platform to chat with your coach, manage appointments, track your family's progress, & check out expert-backed resources.
- Resources & support for parents & caregivers, too!

SIGN UP AT

hellobrightline.com/allegiance



<< SCAN HERE <<

Getting started is easy:

It's okay if you don't know what the right care is for your kid — our team will support you every step of the way.

1. Click here to create your account:
hellobrightline.com/allegiance
We'll confirm your kid's health plan information, and what services are covered.

2. Tell us about your family
Based on your answers to our short questionnaire, we'll recommend therapy or coaching.

3. Schedule your kid's first appointment
Appointments are available within days — no long waitlists here!

Questions? Call (888) 224-7332 to speak with a Brightline team member about our services.